



# Windmill Hill

## East Sussex





# Agenda

- Welcome to PGL
- Windmill Hill – East Sussex
- The PGL difference
- Multi-Activity
- Adventure activities & evening entertainment
- Accommodation & facilities
- Catering & dietary needs
- Health & safety
- FAQs
- Questions





# Welcome to PGL

- The UK's largest provider of outdoor education for young people
- Over 55 years' experience
- Fully risk assessed
- LOtC Quality Badge holder
- Founding member of BAPA
- ABTA bonded





# Windmill Hill – East Sussex

- 23 fantastic adventure activities to choose from
- Large indoor sports hall
- Lakes for watersports and outdoor heated pool
- Explore the 360 Virtual Tour [www.pgl.co.uk/windmill360](http://www.pgl.co.uk/windmill360) to see inside the centre and view activity information and videos







## The PGL difference

- Dedicated PGL 'Groupie' to provide support throughout stay
- Tailor-made programmes
- All accommodation, food, activities and instruction included
- Free evening entertainment
- 24 hour support from centre team



## Multi-Activity

- 4 action-packed adventure activity sessions per day
- Evening entertainment
- Great for personal development & confidence building
- Increases motivation & appetite for learning





# Adventure activities

- Abseiling
- Aeroball
- All Aboard
- Aquafun
- Archery
- BMX
- Canoeing
- Challenge Course
- Climbing
- Eco Trail
- Fencing
- Giant Swing
- Hiking
- Jacob's Ladder
- Orienteering
- Problem Solving
- Raft Building
- Rifle Shooting
- Sensory Trail
- Sports and Team Games
- Trapeze
- Tunnel Trail
- Zip Wire



## Evening entertainment

- 50/50
- Ambush
- Battle of Windmill Hill
- Campfire
- Capture the Flag
- Casino Night
- Disco
- Karaoke
- Passport to the World
- Quiz
- Robot Wars
- Scrapheap Challenge
- Shoe Golf
- Snapchat Challenge
- Space Hopper Football
- Top Gear
- Ultimate Frisbee
- Wacky Races





# Accommodation

- Lodges – en suite rooms sleep 5-6

Accommodation for Windmill Hill can be viewed in the 360 virtual tour: <http://www.pgl.co.uk/windmill360>





# Facilities

- Heated outdoor swimming pool
- 2000m<sup>2</sup> sports hall
- Indoor games / recreation area
- Sports pitches
- Purpose-built BMX track
- On-site adventure activities
- Disco
- Shop
- Classrooms / meeting rooms





# Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar
- Vegetarian option
- Special diets catered for by prior arrangement
- Sample menus available online: [www.pgl.co.uk](http://www.pgl.co.uk)



# Health & safety

The PGL Code of Practice describes all safety and operational procedures both on and off-site including:

- Sample risk assessments
- Staff-to-pupil ratios
- Operating procedures
- Staff vetting & training
- Site security
- First Aid procedures
- Emergency procedures

[www.pgl.co.uk/cop](http://www.pgl.co.uk/cop)





## FAQs

- Insurance
- What to take – kit list
- Valuable items – best left at home
- Pocket money – how much to take
- Electrical appliances – must be safe
- Deodorants – roll-on only please
- Contacting your child



**Thank you for listening**  
**Any questions?**